Your Child at 36 Months

How your child socializes, plays, learns, and communicates provide important clues about your child's development. Developmental milestones are age-specific tasks and behaviors.

Use this Developmental Checklist to track your child's progress. Contact Honu Intervention with any questions or concerns about your developing child.

Communication

- Follows two and three-step instructions
- Has a name for most familiar things
- Understands positional words such as "on," "out," and "under"
- Says name, age, and sex when asked
- Uses pronouns such as "I," "you," "me," and "we"
- Understands relationships (ex. Mommy's baby)
- Understands most things said
- Has conversations using at least 2 sentences
- Understands the concepts "same" and "different"

Cognitive

- Plays make-believe
- Copies markings on paper (ex. Horizontal and vertical lines, circles)
- Builds a tower of 8 blocks
- Names some colors
- Recalls parts of a story

Physical

- Climbs well
- Walks up and down stairs without assistance
- Swings leg to kick a ball
- Runs well
- Picks up objects without falling
- Throws a ball with direction

Self-Care

- Helps with brushing teeth
- Puts shoes on without ties
- Puts trash in the trash bin
- Washes body with help
- Washes and dries hand with help for reaching

Social

- Copies adults and other children
- Takes turns without reminders
- Shows sympathy for others
- Separates from caregivers easily
- Dresses and undresses self

Contact your child's pediatrician if your child:

- Cannot jump in place
- Cannot build a tower of 5 cubes
- Shows no interest in others (ignores)
- Doesn't engage in make-believe play
- Resists in routine activities (e. dressing, potty training, sleeping, brushing teeth)
- Doesn't use more than three-word sentences
- Doesn't make eye contact
- Drools or speech is unclear
- Can't play with toys without banging, dropping, or fidgeting

1

PLAY

Play is essential to the growth and development of your child. PLAY, PLAY PLAY!

2

TRACK

Understanding what to look for is essential to knowing if your child is reaching targeted milestones

3

ACT

Contact your child's doctor if you have concerns. A referral can be made for a developmental assessment

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