

Your Child at 18 Months

How your child socializes, plays, learns, and communicates provide important clues about your child's development. Developmental milestones are age-specific tasks and behaviors.

Use this Developmental Checklist to track your child's progress. Contact Honu Intervention with any questions or concerns about your developing child.



Self-Care

- Helps dress self
- Reaches for/points to choices
- Follows routines and expectations
- Drinks from an open cup
- Begins to use a spoon

Communication

- Says at least 10 single words
- Says and shakes head "no"
- Points to pictures or objects when named
- Follows routine one-step directions without gestures
- Repeats words heard in conversation

Cognitive

- Finds objects hidden under one of two covers
- Understands some objects by their use (ex. Understands that a spoon is used to eat)
- Scribbles spontaneous markings

Physical

- Walks independently
- Walks up steps using environmental supports
- Helps dress self
- Carries large toys while walking
- Begins to run stiffly
- Drinks from an open cup
- Uses a utensil to feed self for part of a meal

Social

- May be anxious or shy around strangers
- Shows affection towards familiar people
- Points to something interesting
- Engages in pretend play such as feeding a stuffed animal
- May have tantrums
- Begins to show defiance
- Increases independence

Contact your child's pediatrician if your child:

- Can't walk
- Doesn't imitate
- Doesn't learn new words
- Doesn't have at least 10 words
- Has loss of skills (ex. Stopped pointing, stopped saying "mama")
- Doesn't point
- Doesn't follow directions

Concerned about "red-flag" behaviors? Take this [Developmental Red-Flags Questionnaire](#) and receive professional feedback.

1

PLAY

Play is essential to the growth and development of your child. PLAY, PLAY PLAY!

2

TRACK

Understanding what to look for is essential to knowing if your child is reaching targeted milestones

3

ACT

Contact your child's doctor if you have concerns. A referral can be made for a developmental assessment



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