

# Your Child at 6 Months

How your child socializes, plays, learns, and communicates provide important clues about your child's development. Developmental milestones are age-specific tasks and behaviors.

Use this Developmental Checklist to track your child's progress. Contact Honu Intervention with any questions or concerns about your developing child.



## Physical

- Rolls over in both directions (on tummy and back)
- Pushes up on extended arms
- Sits without support
- Grabs at feet
- Passes an object from one hand to the other
- Uses a raking grasp to pick up small objects
- Supports weight on legs when in a standing position

## Communication

- Responds by making sounds
- Responds to tones of voice
- Repeats syllables (ah-ah, eh-eh)
- Begins to use /m/ and /b/ sounds
- Responds to own name

## Cognitive

- Uncovers partially hidden toys
- Explores with hands and mouth
- Tries to get things that are out of reach

## Social

- Looks at self in a mirror
- Plays with familiar people
- Recognizes differences in familiar and unfamiliar people

Contact your child's pediatrician if your child:

- Doesn't reach for things
- Has difficulty rolling over
- Seems very stiff or seems very floppy
- Has difficulty bringing things to mouth
- Doesn't laugh or smile at familiar adults
- Doesn't track objects with both eyes
- Shows no affection for caregiver

1

PLAY

Play is essential to the growth and development of your child. PLAY, PLAY PLAY!

2

TRACK

Understanding what to look for is essential to knowing if your child is reaching targeted milestones

3

ACT

Contact your child's doctor if you have concerns. A referral can be made for a developmental assessment



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